



WOMEN'S FEDERATION
FOR WORLD PEACE AUSTRALIA

Way2Happiness & Peace Building Seminar Series

Seminar 2: The Foundation of a Good Family is the Relationship Between Husband and Wife

Interfaith Blessing: Commemorating the United Nations Day of Families

The Day was proclaimed by the UN General Assembly in 1993 which reflects the importance the international community attaches to families.

The interactive seminar series "Way2Happiness" offers a holistic approach to life education, aiming to foster individuals as good people, promote quality education, and cultivate responsible global citizens. Grounded in universal values such as consciousness, responsibility, and yes, love, the program advocates the philosophy of "living for the sake of others" as the key solution for achieving happiness and fulfilment in life. By joining the "Way2Happiness" community, participants engage in meaningful discussions, exchange insights, and acquire practical tools for personal development and positive social change.

Here's what you can expect from the "Way2Happiness" program:

Holistic Life Education: The program provides a comprehensive approach to personal development, encompassing various aspects of life such as mental, emotional, and social well-being.

Universal Values: "Way2Happiness" is built on universal values that transcend cultural and geographical boundaries. Participants are encouraged to embrace these values as guiding principles for leading purposeful and fulfilling lives.

Community Engagement: The program fosters a sense of community and belonging, encouraging individuals to connect in their journey towards happiness and personal growth.

Philosophy of Living for Others: Central to the program is the philosophy of "living for the sake of others," emphasizing the importance of altruism, empathy, and compassion in enhancing individual well-being and promoting social harmony.

Saturday 4 May, 10:00 - 3:30 pm
Venue: Mount Waverley Community Centre
 47 Miller Crescent Mount Waverley

Entry \$30 - includes lunch, morning & afternoon tea

10:00 – 10:30	Registration and Morning Tea
10:30 – 10:45	<p>MC Introduction of the Day and Introductory Videos</p> <p>Master of Ceremony – Anne Bellavance President Women’s Federation for World Peace Australia</p>
10:45 – 11:05 (20 minutes)	<p align="center">Interfaith Presentation</p> <p>Topic: There is more that binds us together than drives us apart.</p> <div data-bbox="368 869 647 1151" data-label="Image"> </div> <p>Presenter: Randall Apps</p> <p>Randall is well known in interfaith activities in Geelong since 2007, and informally since the 1980s. He has travelled to 20 nations and shared with over 40 faiths (From A-Anglican to Z-Zoroastrian).</p> <p>When 300 people from around the world went to Israel and the West Bank in 2004, Randall organised the 7 buses over the 2 weeks visiting key Christian, Jewish and Muslim locations usually hard to access for tourists. When World Parliament of Religions came to Melbourne 2009, Randall was there for all 7 days, assisting in 4 presentations, attending dozens more.</p> <p>A firm believer in the Golden Rule (Treat others the way you would want to be treated), Randall is often volunteering.</p> <p><i>“In 1984, I brought together forty religious scholars, instructing them to compare the teachings that appear in the sacred texts...What they found was that the sacred texts of religions convey the same or similar teachings more than 70 percent of the time.”</i> Dr Moon (“As A Peace-Loving Global Citizen” page 240)</p> <p>Discover a more optimistic view of the potential interreligious dialogue and events can have for future peace. This talk is slightly fantastic.</p>
11:05 – 11:20 (15 minutes)	<p>Activity – Write in your journal and share with others.</p> <ul style="list-style-type: none"> - Share an anecdote of an uplifting experience with someone from a different faith than yours. - What movie or song was inspiring: peace; overcoming resentment; good family values? - Share a religious story from a different faith that shows compassion to others.

11:20 – 11:40
(20 minutes)

Topic: The Foundations of a Good Marriage – Part 1



Presenter: Dr John Bellavance

Oceania Coordinator, International Association of Academicians for Peace and Vice-President, Universal Peace Federation Australia

Once we understand that love is the central value of life, then we need to find out how to realise the ideal of love in our relationships.

1. On the foundation of love, the values of truth, beauty and goodness are formed.
2. Giving and receiving love is a vital practice that underpins happiness and wellbeing.
3. Joy remains dormant until we exchange love.

11:40 – 11:55
(15 minutes)

Activity – Write in your journal and share with others.

What does ‘giving and receiving’ mean for you in your relationships?

What are the qualities that allow for good giving and receiving?

When was giving and receiving important for you?

12:00 – 12:45
(45 minutes)

Group Photo and Lunch

12:45 – 1:05
(20 minutes)

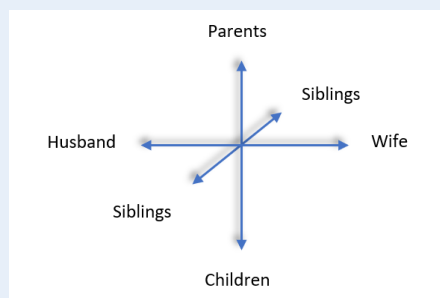
Topic: Social Challenges to Family Life and the Four Spheres of Love



Presenter: Pastor Daniel Meadows is the Victorian Director of FFWPU Australia.

1. The change that has had the most far-reaching consequences on family life is separation and divorce.
2. It is interesting to note that economists are the ones suggesting that we need to foster and support strong families.
3. The Family – An Integrative Whole and the Four

Spheres of Love.



1:05 – 1:20
(15 minutes)

Activity – Write in your journal and share with others.

Define the emotional experiences you had in your formative years that have formed your personality and your relationship with your spouse.

Officiators and their marriage blessing

Unification Blessing officiated by Rev. Daniel Meadows and Chizuru Ihara.



Pastor Daniel Meadows is the Victorian Director of Family Federation for World Peace and Unification (FFWPU). He has volunteered in the NFP sector in Japan, Korea, and Australia for the past 15 years, including a leading role as the Director of the Oceania Leadership Team.

Pastor Daniel and Chizuru are kept busy with a young family of six children and running Camp Belgrave.

Buddhist Benediction officiated by Venerable Bodhicitta



Venerable Bhikkhuni Bodhicitta is a Sri Lankan Theravada Buddhist nun based in Melbourne with over 25 years' experience in meditation.

She is the Spiritual Director of International Centre for Inner Peace and Happiness. She conducts meditation retreats, lectures, Dhamma talks, and discussions in Australia, Malaysia, and Sri Lanka.

Christian Benediction by Pastor Nikki Shaw



Pastor Nikki has been involved in Worship Ministry for 38 years and pastoral ministry for 15 years, experiencing every aspect of church ministry.

Currently, she is the associate pastor at *Heart Focus Church* in Traralgon and Morwell - in the Gippsland region.

Pastor Nikki regularly speaks the Word of God for revival to come to all Christian churches, and reaches out to the lost and addicted.

3:10 – 3:20

Concluding Remarks - Dr John Bellavance

3:20 - 3:30

Open Discussion

2024 Way2Happiness & Peacebuilding Calendar

May	<p>‘Way2Happiness and Peace Building Series’ Seminar 2 Theme ~ Interfaith Blessing: UN Day of Families</p> <p>DATE: Saturday May 4th TIME: 10 – 3pm</p> <p>VENUE: Mount Waverley Community Centre (Lounge Space) 47 Miller Crescent, Mount Waverley.</p>
September	<p>‘Way2Happiness and Peace Building Series’ Seminar 3 Theme ~ UN International Day of Peace</p> <p>DATE: Saturday September 21st TIME: 10 – 3:00pm</p> <p>VENUE: Mount Waverley Community Centre (Main Hall) 47 Miller Crescent, Mount Waverley</p>
October	<p>‘Way2Happiness and Peace Building Series’ Seminar 4 Theme ~ Part 2: Managing Our Relationships & Self-actualization.</p> <p>DATE: Saturday October 5th TIME: 10 – 3:00pm</p> <p>VENUE: Mount Waverley Community Centre (Lounge Space) 47 Miller Crescent, Mount Waverley</p>

This seminar series is presented by:

Women’s Federation for World Peace (WFWP) is an NGO in General Consultative Status with the Economic and Social Council of the United Nations. We adhere to the principle that women, working together, taking initiative, and empowering one another across traditional lines of race, culture, and religion to create healthy families, are resolving the complex problems of our societies and world - www.wfwpaustralia.org

Universal Peace Federation (UPF) is an NGO in General Consultative Status with the Economic and Social Council of the United Nations. We support and promote the work of the United Nations and the achievement of the Millennium Development Goals - www.upf.org

The Family Federation for World Peace and Unification (FFWPU) is comprised of families from around the world striving to establish a world of peace and unity among all peoples, races, and religions as envisioned by Rev. and Mrs. Sun Myung Moon and to embody the ideal of true love, which is to live for the sake of others. FFWPU champions three ideals: family, peace, and unification. <https://www.familyfedaustralia.org/>

My Notes

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