ATTACHMENT 3 - Monash Loneliness Framework 2020 – 2025 – Consultation Questions

Internal Council Stakeholders Consultation Workshop
Date: Wednesday 29 January 2020

1. Have you encountered loneliness as an issue in your work within the Monash community? How has this presented?

2. What innovative approaches could Council take to address Loneliness?

3. How do we ensure loneliness is embedded as a consideration across Council policies and strategic plans? (This might mean re-framing existing positions)

4. Who in Council should be consulted with regards to Loneliness?

5. Who in the community should be consulted with regarding Loneliness?

6. What can we do now? (e.g. Scale up existing activity/programs)

7. What ideas for actions/interventions do you have? (e.g. What have you seen working elsewhere? Who can we partner with? What are your big ideas?)

Consultation Activity at Clayton Festival 2020
Date: Sunday 23 February 2020

Question 1:
Certain life events can make us more likely to feel lonely. When do you feel lonely?

School
- Changing schools
- Bullying
- Finishing school

Stress and trauma
- Experiencing discrimination
- Living in an abusive environment
- Being a victim of crime
- Bereavement

A Change in Living Circumstances
- Moving house – interstate / overseas
- Becoming homeless
- Awaiting asylum
- Children leaving home
- Divorce / Relationship Breakdown
- Moving into residential care

Care Responsibilities
- Becoming a parent
- Becoming a carer for a partner
- Becoming a carer for a relative

Health
- Mental health
- Living with a disability
- Extended periods of poor health

Something else?
- *Free response*

Question 2
The best way to deal with loneliness is through meaningful connections with other people. What helps you to feel less lonely?

- Visiting a library or community centre
- Reaching out to friends
- Exercising or some other physical activity
- Participating in a group of like-minded people
- Making new friends
- Something else? – *Free Response*

Advisory Committees Consultation Survey

Online survey open from Friday 17 April - Friday 1 May 2020

1. What is your name? (optional)

2. Which Council Advisory Committee or Reference Group are you a part of?

3. Have you encountered people experiencing loneliness in the Monash community? If yes, what impact do you think this is having on the community? *(We're also interested to hear about the impact of COVID-19 on the community)*

4. What programs/services/initiatives do you know are already happening in the community that support people experiencing loneliness?

5. How can Council ensure that loneliness is addressed within the community?

6. In relation to the COVID-19 pandemic, what strengths have you observed in the Monash community that might assist us to address loneliness and help us to re-connect the community?

7. Which other service providers/local organisations should be included in Council's work to understand and address loneliness?

8. Who in the community should Council consult about loneliness?

9. What innovative approaches do you think Council could take to address loneliness?

10. Do you know of any community recovery initiatives that will specifically address loneliness / loss of community connections as a result of the COVID-19 pandemic?

11. How can you (and your own network) support Council in the way that we address loneliness in the community?

Local Stakeholder Organisations Consultation Survey
Online survey open from Friday 17 April - Friday 1 May 2020

1. What is your name?

2. Which organisation do you work for?

3. What is your position title? (optional)

4. Have you encountered people experiencing loneliness in the Monash community? If yes, what impact do you think this is having on the community? *(We're also interested to hear about the impact of COVID-19 on the community)*

5. What work is already being delivered by your organisation that can support people experiencing loneliness?

6. How can Council ensure that loneliness is addressed within the community?

7. In relation to the COVID-19 pandemic, what strengths have you observed in the Monash community that might assist us to address loneliness and help us to re-connect the community?

8. Which other service providers/local organisations should be included in Council's work to understand and address loneliness?

9. Who in the community should Council consult about loneliness?

10. What innovative approaches do you think Council could take to address loneliness?

11. Is your organisation planning any community recovery initiatives that will specifically address loneliness / loss of community connections as a result of the COVID-19 pandemic? If yes, please provide some detail.

12. How could your organisation support Council to understand and address loneliness in the community?

Have Your Say – Public Exhibition of the Draft Monash Loneliness Framework 2020 – 2025

Online survey open from Wednesday 1 – Wednesday 29 July 2020

1. Do you think this Framework hits the mark? *[limited open text]*

2. Is there anything else that Council should consider about the impact of loneliness in our community that should be included in the final Monash Loneliness Framework 2020 - 2025? *[limited open text]*

3. Please tell us about yourself *(optional)*
   Age:
   Gender:
   Cultural Background:

4. Which suburb do you live in? *(optional)*

5. If you would like to receive a copy of the final version of the Monash Loneliness Framework 2020 - 2025 or to be included in future consultations on this issue, please provide your contact details so that we can stay in touch with you. *(optional*
   Name:
   Email Address: